Measuring Autobiographical Memory Specificity and the Fading Affect Bias in Cannabis Users

Daniel Pillersdorf
University of Windsor, pillersd@uwindsor.ca

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The purpose of the study was to investigate whether individuals who smoke cannabis frequently remember details of events differently than individuals who do not smoke cannabis. A second reason the study was carried out was to determine whether the emotions associated with memories in cannabis users, weakens in intensity at a different rate, than the emotions associated with memories in non-cannabis users. The study’s final sample consisted of 47 cannabis users and 52 non-users. Analyses revealed that cannabis users recall events from their past in less detail on average, than non-users. Additionally, the emotions associated with unpleasant events remained significantly more intense over time in cannabis-users, compared to non-users.