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Qualitative Evaluation of a Canadian Community Oral Immunotherapy Program

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A Qualitative Evaluation of the Patient and Family Experiences Within a Canadian Community Oral Immunotherapy Program

**METHODS**

Virtual interviews of OIT patients were digitally recorded and transcribed. We apply Braun & Clark’s (2006) thematic analysis to:

1. Become familiar with our data
2. Generate initial codes
3. Search for themes
4. Review themes
5. Define and name themes
6. Produce our report

**OBJECTIVES**

- Describe the OIT experiences of patients and families
- Determine changes in lifestyle during and after hitting maintenance of OIT
- Collect recommendations for improving community OIT programs, and for families doing OIT

**RESULTS**

**Preliminary Codes:** The parental perspective of a child’s OIT journey

**CONCLUSIONS**

Peanut allergy in a family may produce fear, anxiety and restrictive lifestyles, which can reduce life quality. Decisions to begin OIT varied, but with an overarching hope of increasing child protection. Parents of children receiving OIT describe positive and negative experiences during the treatment program, and adaptations to the program to suit individual lifestyles.

Themes of reactions, and social, physical and emotional impacts crossed all stages of the OIT journey, but the dialogue changed over the course of the procedure.

**REFERENCES**
