

University of Windsor

Scholarship at UWindsor

UWill Discover Conference

UWill Discover 2022

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The ADHDe Project

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The background features abstract geometric shapes in shades of purple and orange. On the left, there are several overlapping rectangular and trapezoidal shapes in various tones of purple and orange. On the right, a large white area is defined by a diagonal purple shape at the top and a thin orange line at the bottom right.

The ADHDe Project

Education, Equity, Empowerment

Accessibility and Neurodiversity

- Inspired by an Instagram ad for the UWindsor IDeA Competition.
- Started brainstorming about the accessibility barriers that I have experienced.
- Reading and researching about attitudinal barriers.

The Big Three Questions:

1. What are the accessibility barriers that exist for people with ADHD?
2. How can we work to remove these barriers?
3. Why is it important?

The IDeA

October 2020 - February 2021

- How can we support neurodiverse students and students with ADHD at the PSE level?
- Created by a student with ADHD, for students with ADHD.
- How do we include everyone in the conversation?

UWindsor Competition

February 2021

- Balancing my own lived experience with external research.
- Fine tuning the concept and brainstorming some of the basic logistical elements.
- Social Media Campaign, Workshop Series, and Permanent Resources.
- Placing 1st at the University level.

National Competition

April 2021 – August 2021

- Collaborating with UWindsor faculty and staff to improve and polish my proposal.
- Waiting, waiting, waiting...
- Placed 3rd in the Attitudinal Barriers category.

EnAbling Change

March 2021 – December 2021

- How can we turn this project into a reality?
- Incredible support from the OHREA Accessibility Manager, Cherie Gagnon.
- Applying for the EnAbling Change Grant.
- Waiting with crossed fingers!

Education, Equity, Empowerment

January 2021 →

EDUCATION

- Providing accessible resources for people with ADHD.
- Facilitating workshops and seminars to raise awareness about ADHD.
- Encouraging open discussion and collaboration.

EQUITY

- Encouraging students of all identities to participate in the initiative.
- Fostering an inclusive and accessible campus for everyone.
- Prioritizing ADHD accessible content and materials.

EMPOWERMENT

- Created by a student with ADHD, for students with ADHD.
- Providing opportunities for students with ADHD to participate in a University project, and to take control of their PSE experience.

Thank you!



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