Effects of socioeconomic status on colon cancer treatment accessibility and survival in Toronto, Ontario, and San Francisco, California, 1996-2006

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A study of cancer survival in low-income areas of Toronto, Ontario, and Detroit, Michigan, during the 1980s found advantages among Canadians for common cancers.1 The Toronto survival advantage was replicated for breast cancer across diverse low-income Canadian and US contexts through the 1990s.2 Studies of that era, however, were not able to account for differences in stage of disease at diagnosis. More recent studies that accounted for breast cancer stage again found Canadian advantages.3–6 In the United States, women with breast cancer who lived in low-income areas waited longer for surgery and adjuvant radiation therapy and were less likely to receive radiation therapy or to survive. Similar disparities between high- and low-income women with breast cancer did not exist in Canada; thus low-income Canadians fared better across most breast cancer care indices than their US counterparts. More inclusive health insurance in Canada was advanced as the most plausible explanation.

Colon cancer care may be an even more important health care performance indicator. The second most frequent cause of cancer death in North America, its prognosis can be excellent with early diagnosis and treatment.7,8 For several reasons, colon cancer seems particularly instructive for Canada–US cancer care comparisons. First, research on income and colon cancer survival has found moderate to strong inverse associations in the United States but only modest to null associations in Canada.9–13 Second, colon cancer screening is important, but implementation is at an early stage in both countries.14,15 Third, effective chemotherapies proliferated during the 1990s for stage III colon cancer and more recently for stage II disease.16–18 Fourth, screening, diagnosis, and treatment of colon cancer are more accessible to persons with higher socioeconomic status in the United States.18–22 Colon cancer screening is more prevalent among higher-income persons in Canada,23 but no previous study has examined associations of socioeconomic status with colon cancer treatment in that country.

Because past studies have not observed associations between socioeconomic status and breast cancer treatment in Canada,3–5 we hypothesized that we would also find no significant correlation. Previous comparisons of colon cancer survival in Canada and the United States showed a significant advantage for Canadians only for low-income and not for middle- or high-income patients.19,24 These international studies of colon cancer survival, however, did not account for differences in stage at the time of diagnosis between countries, as ours did. Because of Canada’s broad health insurance coverage, we expected to find an interaction between income and country for survival. We hypothesized that a direct income–survival gradient would exist in an urban California cohort but not in an urban Ontario cohort and that low-income persons in Ontario would have a survival advantage over those in urban California.

Objectives. We examined the differential effects of socioeconomic status on colon cancer care and survival in Toronto, Ontario, Canada, and San Francisco, California.

Methods. We analyzed registry data for colon cancer patients from Ontario (n = 930) and California (n = 1014), diagnosed between 1996 and 2000 and followed until 2006, on stage, surgery, adjuvant chemotherapy, and survival. We obtained socioeconomic data for individuals’ residences from population censuses.

Results. Income was directly associated with lymph node evaluation, chemotherapy, and survival in San Francisco but not in Toronto. High-income persons had better survival rates in San Francisco than in Toronto. After adjustment for stage, survival was better for low-income residents of Toronto than for those of San Francisco. Middle- to low-income patients were more likely to receive indicated chemotherapy in Toronto than in San Francisco.

Both ascertain nearly all colon cancer cases (98% or more) and nearly perfect rates of microscopic confirmation and nearly nil rates of death certificate identification.29–32 Toronto and San Francisco oversamples were drawn (1050 each) to account for unstage cases and other missing data. Only 41 of the Toronto charts were lost to retrospective review, and these did not differ significantly on key study variables from the remaining 1009 that were retrieved. Insufficient information was available to stage 79 (7.8%) Toronto cases and 36 (3.4%) San Francisco cases; these were excluded. This represented a significant between-place difference ($\chi^2_{1,2059}=18.82; P<.05$); however, the prevalence of missing data was not significantly associated with other key independent and dependent variables. Therefore, sample losses were unlikely to have confounded our study’s hypothesized relationships.

**Variables**

For the Ontario sample, we abstracted from hospital and physicians’ office patient charts the same study variables that were routinely coded by the California registry.33–35 These were stage of disease at diagnosis (according to American Joint Committee on Cancer guidelines),34 receipt of initial surgery, number of regional lymph nodes evaluated, receipt of adjuvant chemotherapy, and waiting times from diagnosis to surgery and chemotherapy. Defining characteristics of the cancer stages were stage I (invasion into bowel wall muscle), stage II (invasion through bowel wall muscle), stage III (metastasized to at least 1 regional lymph node), and stage IV (distally metastasized). Stage 0 or in situ tumors were not sampled. When cancer stage was not reported, it was derived from Surveillance, Epidemiology, and End Results extent of disease variables. Agreements were high among 3 chart abstractors, who were trained by an experienced cancer registrar. Interrater assessments of 150 randomly sampled health records found $\kappa$ coefficients ranging from 0.88 to 0.96 across study variables.

Similar thresholds for economic deprivation are used by Statistics Canada (low income) and the US Bureau of the Census (poverty). Both are based on annual household income adjusted for household size, but the Canadian low-income cutoff is approximately 140% of the US poverty threshold.36 The Canadian measure approximates near-poverty status, a measure of demonstrated predictive validity in the United States.24,37 Our previous research suggested that these 2 measures, although not identical, would provide valid comparisons of relatively low- to high-income urban neighborhoods in the 2 countries.2,4

We first linked colon cancer patients in Toronto and San Francisco to, respectively, Canadian (2001) and US (2000) censuses by their residential census tract at diagnosis.26,27 Next, to maximize predictive validity and to match our income measures with those commonly used in cancer disparities research, we delineated the following San Francisco neighborhoods: high income (less than 5% of households poor; 40% of patients), middle income (5%–9% poor; 35% of patients), and low income (10% or more poor; 25% of patients).2,4,38,39 We then delineated proportionally similar Toronto neighborhoods according to Statistics Canada’s low-income criterion.

Purchasing power–adjusted distributions of our sample’s income tertiles in Toronto and San Francisco are displayed in Table 1.40,41 Annual household incomes were nearly identical in each metropolitan area’s respective low-income neighborhoods. Affluence was slightly more prevalent in San Francisco.

**Analyses**

We used maximum likelihood logistic or binomial regression models to estimate the associations of demographic, prognostic, and cancer care factors with binary 5-year survival or not) all-cause colon cancer survival.42,43 Missing data were imputed from full models. We estimated odds ratios (ORs) and confidence intervals (CIs) from regression statistics. After we entered all main effects into the model, we tested the hypothesized 2-way income-by-place interaction and explored all 3-way interactions (income by place by another factor).42,44 We then described significant interactions by comparing within-place colon cancer survival rates across income strata and between-place survival rates within income strata. We directly adjusted all rates by age and stage, with our combined Toronto–San Francisco sample as the standard. We used rate ratios (RRs) for within- and between-place comparisons, with 95% CIs derived from the Mantel–Haenszel $\chi^2$ test.45,46

**Results**

Descriptive profiles of the Toronto and San Francisco colon cancer patients in our sample are displayed in Table 2. They were nearly identical demographically, their unadjusted receipt of surgical and chemotherapeutic interventions was strikingly similar, and their overall 5-year survival experience did not differ significantly. Treatment waiting times of 60 or more days were more prevalent in Toronto, but median waiting times for surgery (Toronto, 5 days; San Francisco, 4 days) and adjuvant chemotherapy (Toronto, 46 days; San Francisco, 47 days) did not differ significantly. Patients in San Francisco were more likely to be diagnosed with localized, stage I disease and to have more lymph nodes evaluated during staging. In no instance was the prevalence of missing data significantly associated with income or survival. Therefore, it is unlikely that any of the modest between-place differences in

<table>
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<tbody>
<tr>
<td>Range (Median)</td>
<td>Income, $</td>
<td>Range (Median)</td>
</tr>
<tr>
<td>High</td>
<td>2.60–14.40 (9.50)</td>
<td>78400</td>
</tr>
<tr>
<td>Middle</td>
<td>14.50–25.70 (19.50)</td>
<td>55650</td>
</tr>
<tr>
<td>Low</td>
<td>25.80–76.50 (33.70)</td>
<td>41550</td>
</tr>
</tbody>
</table>

Note. Neighborhood income derived from Statistics Canada26 and US Census27 data.

*Census tract median annual household income in US dollars.

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missing data substantially confounded our analyses.

**Income-by-Place Interactions**

The full logistic regression model for 5-year colon cancer survival, including all main effects and significant interactions, is displayed in Table 3. As hypothesized, we found a strong income-by-place interaction (OR=2.57; 95% CI=1.47, 4.49). Among low-income patients, Toronto residents had a significant survival advantage (OR=2.51; 95% CI=1.52, 4.15; interaction stratum not shown), but for middle- and high-income patients, survival in the 2 cities did not differ significantly. We also identified 3-way income-by-place interactions for stage and for lymph node evaluation (Table 4).

These findings replicated several well-known associations reported in other studies. For example, younger age, female gender, earlier stage of disease at diagnosis, evaluation of more than 15 regional lymph nodes, and receipt of surgery and chemotherapy were all associated with better survival in this and previous studies. After we accounted for such demographic and clinical factors, the main effects of income and place were both null.

**Depiction of Two- and Three-Way Interactions**

Significant interactions are depicted in Table 4. For the entire sample, survival was associated with income in San Francisco but not in Toronto. The 5-year survival rate was significantly lower in San Francisco’s low-income than in its high-income neighborhoods (RR=0.84; 95% CI=0.72, 0.98). Among high-income patients, Toronto residents had lower survival rates than did San Francisco residents (RR=0.86; 95% CI=0.75, 0.98).

We added successive sample restrictions to estimate the probable relative effects of earlier diagnosis among high-income San Francisco residents and of more accessible treatment among low-income Torontonians. First, when we analyzed only patients with nonlocalized, stage II through stage IV colon cancer, the income–survival gradient remained for San Francisco, but the US survival advantage among residents of high-income neighborhoods was eliminated. We still found no significant correlation for Toronto. Next, we analyzed survival only for the most treatable colon cancers, stages II and III. The income–survival gradient remained for San Francisco, and was still not significant for Toronto, but among low-income patients, the survival advantage shifted to Canadians (RR=1.23; 95% CI=0.98, 1.54).

In an analysis of stage II colon cancer only, where recent innovations may provide clinicians and care managers with the most treatment discretion, we found evidence of an even larger Toronto survival advantage in relatively low-income neighborhoods (RR=1.30; 95% CI=0.98, 1.73). When we controlled for receipt of chemotherapy (RR=1.05; 95% CI=0.81, 1.36), our results strongly suggested that the observed Toronto advantage was explained by better access to adjuvant treatment (data not shown). We observed no significant within- or between-place differences for stage III colon cancer.

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Age at diagnosis, y</td>
<td></td>
</tr>
<tr>
<td>25–59</td>
<td>206 (22.2)</td>
</tr>
<tr>
<td>60–69</td>
<td>242 (26.0)</td>
</tr>
<tr>
<td>70–79</td>
<td>272 (29.2)</td>
</tr>
<tr>
<td>≥80</td>
<td>210 (22.6)</td>
</tr>
<tr>
<td>Women</td>
<td>466 (50.1)</td>
</tr>
<tr>
<td>Stage at diagnosis</td>
<td></td>
</tr>
<tr>
<td>I</td>
<td>227** (24.4)</td>
</tr>
<tr>
<td>II</td>
<td>215 (23.1)</td>
</tr>
<tr>
<td>III</td>
<td>270** (29.0)</td>
</tr>
<tr>
<td>IV</td>
<td>218 (23.4)</td>
</tr>
<tr>
<td>Received surgery</td>
<td>842 (90.5)</td>
</tr>
<tr>
<td>Waiting time from diagnosis to surgery, d</td>
<td></td>
</tr>
<tr>
<td>&lt;14</td>
<td>610** (73.8)</td>
</tr>
<tr>
<td>14–29</td>
<td>125** (15.1)</td>
</tr>
<tr>
<td>30–59</td>
<td>58 (7.0)</td>
</tr>
<tr>
<td>≥60</td>
<td>33** (4.0)</td>
</tr>
<tr>
<td>Missing data</td>
<td>16** (1.9)</td>
</tr>
<tr>
<td>Received chemotherapy</td>
<td>266 (28.6)</td>
</tr>
<tr>
<td>Missing data for receipt of chemotherapy</td>
<td>0** (0.0)</td>
</tr>
<tr>
<td>Wait time for chemotherapy</td>
<td></td>
</tr>
<tr>
<td>Had chemotherapy before surgery</td>
<td></td>
</tr>
<tr>
<td>&lt;30 d after surgery</td>
<td>32** (15.1)</td>
</tr>
<tr>
<td>30–59 d after surgery</td>
<td>86 (40.6)</td>
</tr>
<tr>
<td>≥60 d after surgery</td>
<td>70** (33.0)</td>
</tr>
<tr>
<td>Missing data</td>
<td>54** (20.3)</td>
</tr>
<tr>
<td>No. of regional lymph nodes examined</td>
<td></td>
</tr>
<tr>
<td>&lt;6</td>
<td>304** (41.1)</td>
</tr>
<tr>
<td>6–11</td>
<td>282** (38.1)</td>
</tr>
<tr>
<td>12–15</td>
<td>68** (9.2)</td>
</tr>
<tr>
<td>≥16</td>
<td>86** (11.6)</td>
</tr>
<tr>
<td>Missing data</td>
<td>102** (12.1)</td>
</tr>
<tr>
<td>Survived 5 y from diagnosis</td>
<td>463 (49.8)</td>
</tr>
</tbody>
</table>

*American Joint Committee on Cancer staging. **P<.05 for between-country difference (χ² test).
(data not shown). Rates for patient refusal of chemotherapy were similar (less than 5%) in the 2 cities.

We also analyzed interactions of income, place, and lymph node evaluation (Table 4). A probable proxy for thoroughness of colon cancer care (effective staging and treatment), lymph node evaluation depends on the expertise of both surgeons and pathologists.47–49 Patients with surgically resected stage II or III colon cancer are the most likely to benefit from valid staging and adjuvant chemotherapies; in this group, lower income was associated with less thorough lymph node evaluation in San Francisco but not in Toronto. Among high-income patients, however, lymph node evaluation was more thorough in San Francisco than in Toronto. That is, staging for Torontonians was much less likely to be based on the evaluation of more than 15 regional lymph nodes (RR = 0.51; 95% CI = 0.34, 0.77). Such thorough lymph node evaluations were associated with better 5-year survival in both Toronto and San Francisco.

We also analyzed interactions of income, place by stage at diagnosis 0.67 (0.52, 0.88), and lymph node evaluation by place 2.57 (1.47, 4.49), and neighborhood income by stage at diagnosis 0.67 (0.52, 0.88), and neighborhood income by place by stage 0.20 (0.05, 0.72).

Significant main effects
- Age at diagnosis 0.62 (0.56, 0.69)
- Stage at diagnosis 0.20 (0.16, 0.24)
- Gender (female advantaged) 1.32 (1.06, 1.64)
- Received surgery 3.40 (1.89, 6.12)
- >15 regional lymph nodes examined 1.57 (1.16, 2.13)
- Received chemotherapy 1.53 (1.04, 2.25)

Significant interaction effects
- Neighborhood income by place 2.57 (1.47, 4.49)
- Neighborhood income by place by stage at diagnosis 0.67 (0.52, 0.88)
- Neighborhood income by place by ≥15 nodes examined 0.20 (0.05, 0.72)

Note. CI = confidence interval; OR = odds ratio. Total sample from both cities was n = 1944.

Our finding that colon cancer care–survival relationships were mediated by income in the US cohort but not in the Canadian cohort likely illustrates the effects of inadequate health insurance coverage along with its corollaries of inaccessible primary care and cancer care among America’s near poor to poor.2,58 Low-income Canadians with colon cancer, although their risks and vulnerabilities are similar to those of low-income Americans, are relatively less deprived in at least 1 critical characteristic. Their access to medically necessary care is guaranteed through a single-payer system. Americans receive health care in a multilitered, multipayer system, and some have much less access to care than others. Our findings are consistent with those of many US studies that observed strong relationships between low income, absent or inadequate health insurance, and less prevalent screening for colon cancer, relatively later diagnosis, lack of treatment access, and lower survival.4,55–57 Systemic health care issues, rather than personal, biological, or cultural factors, are the most plausible explanations for our findings because we accounted for a key biomarker—disease stage at diagnosis—and refusal rates for indicated.

**DISCUSSION**

To our knowledge, ours is the first report of the effect of socioeconomic status on colon cancer survival in similar Canadian and US cities that accounted for disease stage. We found strong support for our income-by-country interaction hypothesis. In within-place comparisons, colon cancer survival in San Francisco was significantly worse among people living in lower-income neighborhoods. Low-income patients in San Francisco also experienced less thorough lymph node evaluations and had less access to adjuvant chemotherapies. We found no associations between socioeconomic status and colon cancer care or survival in Toronto.

The survival advantage among high-income persons in San Francisco was probably attributable to earlier diagnosis. The survival advantage among low-income people in Toronto, particularly those with the most treatable, stage II or III colon cancer, was very likely a result of more thorough lymph node evaluations and better access to indicated chemotherapies. Of interest to both policymakers and clinicians is our finding that after these interaction effects were accounted for, the main effects of income and place were no longer significant. Socioeconomic factors appear to be associated with colon cancer care in both countries but in different ways: high-income US patients have an advantage in prediagnostic care and perhaps in screening, and low-income Canadians have an advantage in postdiagnostic care and possibly in staging and treatment.

Our finding that colon cancer care–survival relationships were mediated by income in the US cohort but not in the Canadian cohort likely illustrates the effects of inadequate health insurance coverage along with its corollaries of inaccessible primary care and cancer care among America’s near poor to poor.2,58 Low-income Canadians with colon cancer, although their risks and vulnerabilities are similar to those of low-income Americans, are relatively less deprived in at least 1 critical characteristic. Their access to medically necessary care is guaranteed through a single-payer system. Americans receive health care in a multilitered, multipayer system, and some have much less access to care than others. Our findings are consistent with those of many US studies that observed strong relationships between low income, absent or inadequate health insurance, and less prevalent screening for colon cancer, relatively later diagnosis, lack of treatment access, and lower survival.4,55–57 Systemic health care issues, rather than personal, biological, or cultural factors, are the most plausible explanations for our findings because we accounted for a key biomarker—disease stage at diagnosis—and refusal rates for indicated.

**TABLE 3—Logistic Regression Results for Main Effects and Interactions of Neighborhood Income and Place: Toronto, ON, and San Francisco, CA, 1996–2006**

<table>
<thead>
<tr>
<th>Predictor Variables</th>
<th>OR (95% CI)</th>
</tr>
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<tbody>
<tr>
<td>Significant main effects</td>
<td></td>
</tr>
<tr>
<td>Age at diagnosis</td>
<td>0.62 (0.56, 0.69)</td>
</tr>
<tr>
<td>Stage at diagnosis</td>
<td>0.20 (0.16, 0.24)</td>
</tr>
<tr>
<td>Gender (female advantaged)</td>
<td>1.32 (1.06, 1.64)</td>
</tr>
<tr>
<td>Received surgery</td>
<td>3.40 (1.89, 6.12)</td>
</tr>
<tr>
<td>&gt;15 regional lymph nodes examined</td>
<td>1.57 (1.16, 2.13)</td>
</tr>
<tr>
<td>Received chemotherapy</td>
<td>1.53 (1.04, 2.25)</td>
</tr>
<tr>
<td>Significant interaction effects</td>
<td></td>
</tr>
<tr>
<td>Neighborhood income by place</td>
<td>2.57 (1.47, 4.49)</td>
</tr>
<tr>
<td>Neighborhood income by place by stage at diagnosis</td>
<td>0.67 (0.52, 0.88)</td>
</tr>
<tr>
<td>Neighborhood income by place by ≥15 nodes examined</td>
<td>0.20 (0.05, 0.72)</td>
</tr>
<tr>
<td>Nonsignificant main effects</td>
<td></td>
</tr>
<tr>
<td>Place</td>
<td>0.94 (0.68, 1.29)</td>
</tr>
<tr>
<td>Neighborhood income</td>
<td>0.94 (0.73, 1.02)</td>
</tr>
<tr>
<td>Waited ≥30 d after diagnosis for surgery</td>
<td>0.84 (0.59, 1.21)</td>
</tr>
<tr>
<td>Waited ≥60 d after surgery for chemotherapy</td>
<td>0.90 (0.75, 1.06)</td>
</tr>
</tbody>
</table>

Note. CI = confidence interval; OR = odds ratio. Total sample from both cities was n = 1944.

*American Joint Committee on Cancer staging.34
treatments were similar among our Canadian and American cohorts.

Our findings are also consistent with very low rates of colon cancer screening during the mid-to-late 1990s. For example, fewer than 1 in 5 Ontario residents aged 50 to 59 years were screened for colon cancer by any method during that era. Cancer Care Ontario, the agency responsible for the province's cancer services, instituted a colon cancer screening program in 2007. It provides funding to screen all average-risk adults aged 50 years and older with the fecal occult blood test every 2 years and to screen those at increased risk with colonoscopy. Earlier colon cancer diagnoses are expected to become more common in Ontario in the wake of this program, and the relative disadvantage of relatively affluent Canadians compared with similarly affluent Americans is expected to disappear.

Limitations

Our use of ecological measures might suggest an alternate explanation for our results. Perhaps the racial/ethnic composition of low-income neighborhoods, rather than their concentration of low-income households,
accounted for the between-country colon cancer survival differences we observed. We believe this is unlikely for several reasons. First, recent US studies of colon cancer treatment and survival have consistently found that socioeconomic differences explained most racial-group differences. Second, although we were not able to adjust for this factor directly because the Ontario registry does not code race/ethnicity, we were able to replicate key findings by comparing the subsample of non-Hispanic White patients in San Francisco with the entire racially and ethnically diverse Toronto sample. In what was perhaps the most provocative between-place comparison—5-year survival of low-income patients with stage II or III colon cancer—our original analysis revealed a Toronto advantage, and this advantage remained even when we excluded all members of any racial/ethnic minority group that composed more than half of the original low-income San Francisco sample.

Because our socioeconomic measures were census tract aggregates that did not directly capture individual income—colon cancer care relationships, our findings might be seen as ecological fallacies. We believe, however, that census tract characteristics can serve as proxies of community-level phenomena and national health care access differences. Another question is whether the low-income measures were adequately comparable in San Francisco and Ontario. They were not compositionally identical: our income thresholds were derived from the US Census Bureau’s definition of poverty and Statistics Canada’s of low income. No study has directly compared the construct or predictive validities of such ecological measures in Canada and the United States, but their validity has been shown in the United States, and national censuses in both countries provided estimates of median census tract or neighborhood-level income in urban areas. In these data, household incomes typically differed by less than US$1000 in the low-income neighborhoods of San Francisco and Toronto. This indicates their similar aggregate lack of purchasing power, which is probably also the best contextual definition of our central ecological measure. Although they are probably similarly challenged to purchase life’s necessities, residents of such neighborhoods differ contextually in 1 important way: Canadians in low-income neighborhoods appear to enjoy higher-quality health care than do similarly poor Americans.

Another possible limitation of our study was incomplete information on outpatient treatments among North American cancer registries. Such data are more difficult to collect than inpatient data. However, the California registry has been shown to be most complete for chemotherapy data (84%) in San Francisco. In addition, analyses of hospital-based surgery, lymph node evaluation, and survival were unlikely to have been affected and missing chemotherapy data were not prevalent and did not practically differ between our Toronto and San Francisco samples.

We focused on all-cause, rather than cancer-specific, survival. Cancer was the underlying cause of death among the vast majority of patients with stage II and III colon cancer in our Toronto and San Francisco samples. The underlying cause of many deaths not coded as cancer mortality can be directly associated with lack of treatment or with cancer treatment complications. Although length of survival is highly accurate in cancer registries, the underlying cause of death is not. Finally, although substantial death certificate error was a likely limitation, our low-income, between-place, all-cause survival comparison was closely replicated with a cancer-specific comparison.

Conclusions

Affluent colon cancer patients received earlier diagnoses in San Francisco than in Toronto, and low-income Canadians experienced better investigation and treatment than did their American counterparts. Socioeconomic factors in particular appear to influence colon cancer care in urban America. Policies are needed to improve cancer screening, diagnostic investigations, and treatment access among low-income Americans.


55. McDavid K, Tucker TC, Sloggett A, Coleman MP. Cancer survival in Kentucky and health insurance.